



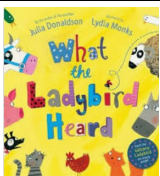
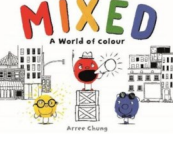



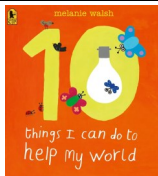
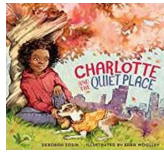
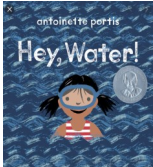
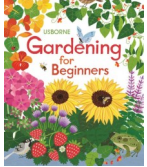
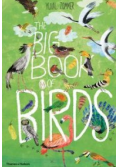



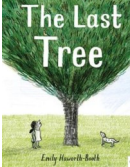
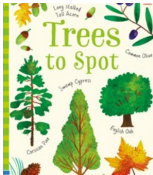
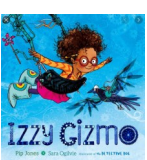
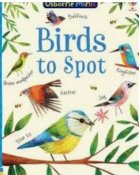
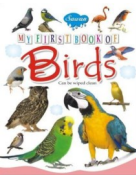
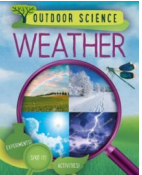
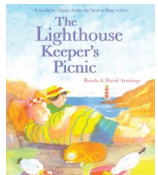


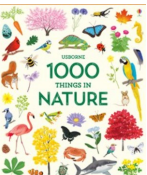

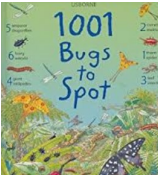
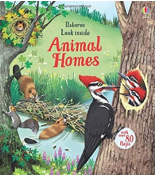


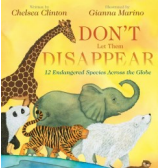
All our lives are better if they're a bit wild

Note down or draw your daily Random Acts of Wildness and how they made you feel.

Share your daily Random Acts of Wildness photos and wild places using

#30DaysWild



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1. Enjoy a story outside.</p> 	<p>2. Create a nature rainbow.</p> 	<p>3. Create a stick man.</p> 	<p>4. Litter pick in your garden or village.</p> 	<p>5. Environmental Day</p> <p>Create a bird feeder using the recycling.</p> 	<p>6. Design a save the world poster.</p> 	<p>7. Switch off all electricals.</p> 
<p>8. World Oceans Day</p> <p>Create an ocean.</p> 	<p>9. Make a daisy chain.</p> 	<p>10. Listen for the sounds of nature.</p> 	<p>11. Help an adult with some gardening.</p> 	<p>12. Draw pictures to show the four seasons.</p> 	<p>13. Take part in some yoga.</p> 	<p>14. Whistle with a blade of grass.</p> 
<p>15. Bark rubbing.</p> 	<p>16. Create your own binoculars.</p> 	<p>17. Bird Watch.</p> 	<p>18. Create a bird of your own.</p> 	<p>19. Create a wind mobile for the</p> 	<p>20. Wild Weekend</p> <p>Build a den and enjoy a picnic.</p> 	<p>21. Wild Weekend</p> <p>Go for a barefoot walk.</p> 
<p>22. Create a nature table.</p> 	<p>23. Flower printing.</p> 	<p>24. Watch the clouds.</p> 	<p>25. Go on a minibeast hunt.</p> 	<p>26. Create a birds nest.</p> 	<p>27. Create a weather report.</p> 	<p>28. Take a photo of something blue.</p> 
<p>29. Draw your favourite animal.</p> 	<p>30. Write a nature poem.</p> 