



PE Focus:

Creative Movement and Dance

Year 2

Term: 2A

Unit Introduction

Each lesson in this unit has a different focus linked to the topic of plants. Children will explore movements based on working in the garden, different types of seeds and how plants grow. The final two lessons of the unit are based on the traditional story of Jack and the Beanstalk. Throughout the unit, children will dance on their own, with partners and in groups. This unit also teaches children the importance of determination, teamwork and respect, as well as providing regular opportunities for peer and self assessment.

Key Vocabulary

Canon*	A movement or movements repeated successively (like a Mexican-wave effect).
Levels (variations of)	Performing dance moves at ground level, mid-level and high level (jumping) to create variety and interest.
Motif	A sequence of movements that link together to represent an idea .
Speed (variations of)	Performing dance moves in a slow, controlled manner and at a faster pace (while maintaining control) to create variety and interest and to perform in time to music that includes different tempos .
Travel	A basic action of movement, e.g. skipping, running, hopping, etc.
Unison*	identical movements performed at the same time by more than one person.

Key Learning

Use and remember their own movements as part of a motif

Perform a range of movements in canon and unison;

Use different movements and body shapes to represent a plant growing;

Evaluate the performance of others by answering questions, identifying strengths independently and can improve their own performance using ideas from their partner;

Work cooperatively in a group to create suitable movements to represent different types of seeds

perform a range of movements , some at different speeds or levels, showing good body control

perform a range of body movements and shapes and perform some of these in time with the music;

create and remember suitable movements to represent the different parts of a story and perform some of these at different speeds and levels

talk about what they have done well in their performances and begin to show ideas on how to improve their own dances;