Fens Primary School Knowledge Organiser

P.E.	Dance	Year 1	Term: 2

Y1 Skills:

perform
change
jump
move
still
copy
repeat
sequence
improvise
control
create

Key Vocabulary:

unison - the same thing at the same time

cannon - movement at different times

mirroring - two dancers do the same thing as though they were seeing their own reflections in the mirror

copying - a dancer copies the moves of another person

motif - **a** single movement showing the style or the theme of the dance

Equipment:

music
ribbons
mats
costumes

Famous Dancers:

Anna Pavlova
Fred Astaire
Michael Flatley
Diversity