



P.E.

Dance

Year 6

Term: 2a

Y6 Skills:

perform

jump

adapt

move

still

copy

repeat

compose

link

sequence

control

improvise

create

change

- identify and repeat the movement patterns and actions of a chosen dance style
- compose individual, partner and group dances that reflect the chosen dance style
- use dramatic expression
- demonstrate strong and controlled movements
- combine flexibility, techniques and movements
- show a change of pace and timing in movements
- move rhythmically
- improvise with confidence
- modify some elements of a sequence
- use complex dance vocabulary to compare and improve work

Equipment:
music
ribbons
mats
costumes

Key Vocabulary:

unison -synchronized, in time with each other; when many people do the same things at the same time

cannon - a section of movement that consists of one phrase that is performed at different times in by dancers

mirroring -dancers do exactly the same thing at exactly the same time, as though they were seeing their own reflections in the mirror

copying - a dancer copies the moves of another person

routine - a short sequence, actions, or movements that forms part of a longer performance.

motif —a single movement or short phrase of movement which expresses the style or the theme of the dance

phrase - a partial dance idea composed of a series of connecting movements and similar to a sentence in the written form

choreography - the sequence of steps and movements in dance

style - many dance styles have evolved over the years and each style has a history behind it; every style has its own meaning and reason of origination

stimulus - is something that gives an idea; an inspiration; a starting point

rhythm - a strong, regular repeated pattern of movement

expression - to convey a particular emotion

spatial awareness - is knowing where your body is in space in relation to objects or other people

pace - is the rate of activity or movement, or the flow of events in an entertainment piece

fluency: the ability to do something in a way that seems very easy; a dancer known for their fluency and grace

Famous Dancers:

Anna Pavlova

Fred Astaire

Michael Flatley

Diversity