

# Fens Primary School Knowledge Organiser



PSHE Focus: Relationships

VIPs

Year 6

Term: 1A

## Key Learning

I can explain how VIPs who love and care for each other should treat each other.

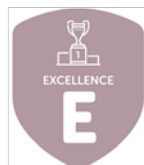
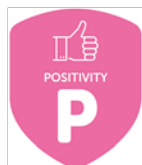
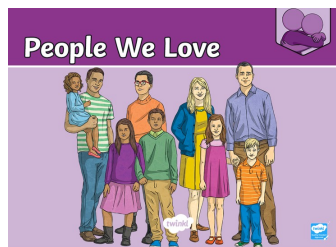
I can identify different ways to calm down when I am feeling angry or upset.

I understand that people have different opinions that should be respected.

I can identify negative influences on my behaviour and suggest ways that I can resist these influences

I can explain when it is right to keep a secret, when it is not and who to talk to about this.

I can recognise healthy and unhealthy relationships.



## Wider Learning

- create a list to show different ways we can care for our VIPs;
- show a calming technique on a poster;
- discuss how a disagreement could either be avoided or handled;
- write and explain what to do when feeling pressured;
- identify and discuss which secrets are OK to keep and which need to be shared;
- identify healthy and unhealthy relationships

## Key Vocabulary

- love, relationships, family, friendship, self-love, care, commitment, committed, emotions, anger, upset, frustrated, calming, calm, unkind, kind, actions, consequences, disagree, argue, conflict, resolution, fall out, friends, agree, honesty, respect, polite pressure, influence, peer, negative, behaviour, resist, support, help, anxious, dangerous, unhealthy, uncomfortable, wrong

## Useful Websites

- PSHE KS2: Growth Mindset - BBC Teach
- PSHE KS2 / KS3: Spark - Fire up your future - BBC Teach
- PSHE - BBC Teach
- Commando Joe's