



Key vocabulary	
creativity	music
unison	expression
fluency	timing
space	feelings
balance	routine
movement	formation

Key Learning
<ul style="list-style-type: none"> To create a dance with a random structure and perform the actions showing quality and control To understand how changing eh dynamics changes the appearance of the performance. To understand and use relationships and space to change how a performance looks. To copy and repeat movements in the style of rock n roll. To work in a group to copy and repeat actions keeping in time with the music To understand how to improve my performance

Key teaching points	
Jumps	<ul style="list-style-type: none"> Use arms to control height and body position. Extend arms and legs fully. Point your toes and smile.
Turns	<ul style="list-style-type: none"> Use arms to stabilise your turn Keep head up and focus on a point in front of you. Perform these turns on the balls of your feet.
When observing a dance	<ul style="list-style-type: none"> Do they use pointed toes and extend arms/legs? Do they perform in time with each other? Is the routine creative? Does it fit with the mood/theme of the music?

