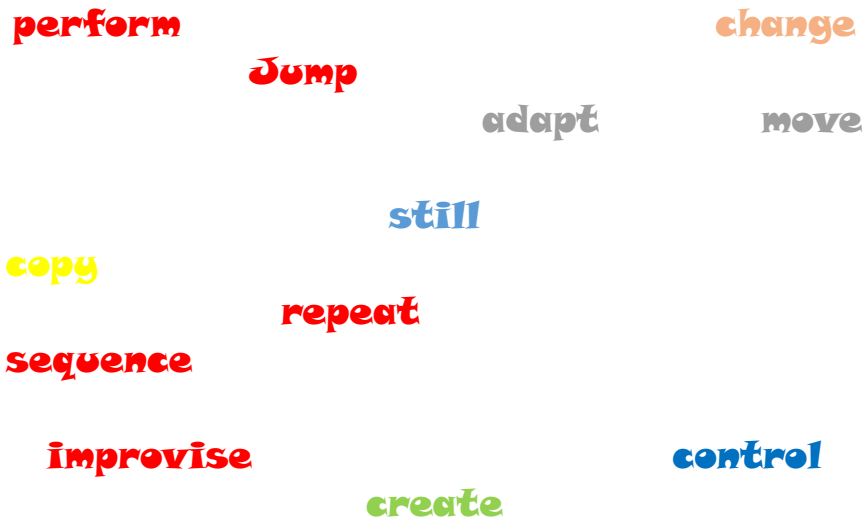




P.E.	Dance	Year 3	Term: 2
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Y3 Skills:



Key Vocabulary:

unison - in time with each other; when many people do the same things at the same time

cannon - is a section of movement that is performed at different times by two or more dancers

mirroring - dancers do exactly the same thing at exactly the same time, as though they were seeing their own reflections in the mirror

copying - a dancer copies the moves of another person

routine - a short sequence, actions, or movements that forms part of a longer performance

motif—a single movement which expresses the style or the theme of the dance

choreography - the sequence of steps and movements in dance

stimulus - is something that gives an idea; an inspiration; a starting point

rhythm - a strong, regular repeated pattern of movement

expression - to convey a particular emotion

Equipment:

music ribbon mats costumes

- improvise with a partner to create a simple dance
- create motifs from different stimuli
- adapt movements and motifs to create a larger sequence
- use simple dance vocabulary
- perform with some awareness of rhythm and expression

Famous Dancers:

Anna Pavlova

Fred Astaire

Michael Flatley

Diversity