



P.E.	Games	Year 3	Term:
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<p>Striking & Hitting a Ball</p> <ul style="list-style-type: none"> demonstrate successful hitting and striking skills develop a range of skills in striking and fielding practise the correct batting technique strike the ball for distance. 	<p>Throwing and Catching a Ball</p> <ul style="list-style-type: none"> throw and catch with greater control and accuracy practise the correct technique for catching a ball and use it in a game perform a range of catching and gathering skills with control. catch with increasing control and accuracy. throw a ball in different ways. high, low, fast or slow develop a safe and effective overarm bowl 	<p>Travelling with a Ball</p> <ul style="list-style-type: none"> move with the ball in a variety of ways with some control use two different ways of moving with a ball in a game 	<p>Passing a Ball</p> <ul style="list-style-type: none"> pass the ball in two different ways in a game situation with some success
<p>Space</p> <ul style="list-style-type: none"> find a useful space and get into it to support teammates 	<p>Attacking and Defending</p> <ul style="list-style-type: none"> use simple attacking and defending skills in a game use fielding skills to stop a ball from travelling past them 	<p>Tactics and Rules</p> <ul style="list-style-type: none"> apply and follow rules fairly understand and begin to apply the basic principles of invasion games play a striking and fielding game fairly 	<p>Different Games</p> <p>Tennis Football Basketball Table Tennis Cricket Rounders Tag Rugby Netball Hockey Badminton</p>
<p>Key Vocabulary:</p> <p>send receiving strike score direction pass attack defend technique overarm teamwork</p>		<p>Equipment:</p> <p>bat ball racket net goal markers bibs</p>	