

Fens Primary School Knowledge Organiser



PSHE Focus: Health and Wellbeing

Safety First

Year 5

Term: 1b

Key Learning

Understand what it means to take responsibility for your own safety and know how to do this.

Understand what how we can decide a situation is risky or dangerous and discuss what we could do if we felt we were in a risky situation.

Identify and assess risky situations, name sources of pressure that could entice you to behave in risky ways and know how to handle being dared to do something.

Understand and know how to follow rules in school to stay safe and healthy. Identify an emergency where and how to get help in an emergency.

Be able to identify hazards in the home and explain how to reduce risks at home. Discuss how to take responsibility to keep myself and others safe.

Identify hazards in outdoor environments and explain different strategies for keeping safe outdoors.

Wider Learning

- Think about the risks and dangers you have learnt about in class then look around your homes and identify six dangers in the home to draw or write about.
- Carry out your own research into first-aid advice for scalds and burns, bleeding, choking, falls or poisoning. Record your findings on a fact sheet

Key Vocabulary

- safe, unsafe, risk, danger, hazard, harm, responsible, decision, choice, consequence, action, peer pressure, smart, brave, mature, accident, emergency, first aid, emergency services, fire, injury, medicines, tablets, chemicals, sharp, hot, poisonous, choke, burn, trusted adult, road safety, water safety

Useful Websites

- [BBC Teach PSHE KS2: Wellbeing—bouncing back to class—Live Lesson](#)
- [BBC Teach PSHE KS2 The Wellbeing and Growth Mindset Lesson](#)
- [PSHE - BBC Teach](#)

