

# Fens Primary School Knowledge Organiser



PSHE Focus: Relationships

Be Yourself

Year 6

Term: 1B

## Key Learning

I can explain how VIPs who love and care for each other should treat each other.

I can explain why I should share my own thoughts and feelings and I know how to do this.

I can explore uncomfortable feelings and understand how to manage them

I can understand why we sometimes feel shy or nervous and know how to manage these feelings

I can identify when I might have to make different choices from those around me.

I can explore how it feels to make a mistake and describe how I can make amends.

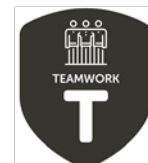
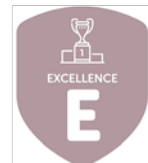
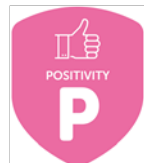
## Wider Learning

- Disagreement Resolution: In this activity, children can draw a time when they have resolved a falling out within the home.
- Kindness and Respect: In this activity, children will reflect on times they have shown kindness and respect at home and will keep a record of this

## Key Vocabulary

- individual, unique, celebrate, acceptance, thoughts, feelings, comfortable, help, support, individuality, uniqueness, peer influence, peer approval, relationships, respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests, sharing experiences, problems, support, difficulties, online friendships, face-to-face relationships, anxious, pressure, intensity

## You Are Unique



## Useful Websites

- PSHE KS2: Growth Mindset - BBC Teach
- PSHE KS2 / KS3: Spark - Fire up your future - BBC Teach
- PSHE - BBC Teach
- Commando Joe's